

Parental Involvement in Adolescent Reproductive Health Services

PROGRAM	CONTACT	Clinic?/ Community?/ School?-Based	POPULATION	PREMISE	AIM	PROGRAM COMPONENTS	PARENTAL INVOLVEMENT	EVALUATION	NOTES/COMMENTS
	Valli Moyer Planned Parenthood 5312 Broadway West Palm Beach, FL 33407 (561) 848-6402 x308	Clinic	Education: Male (35-40%); African American (80%), White (15%), Hispanics (5%) Medical: Male (5-10%); No race/ethnic estimates	Provide youth with access to needed health services	Offer educational and medical services to reduce high risk behavior	*Education: 4-Day Youth Training to become Peer Educators; 32 Hrs of Volunteer Srv (Conduct Workshops & Presentations in the Comm & Medical Facility) *Medical: B.C., STD Testing & Treatment, OBGYN, Counseling	*All youth are encouraged to involve families *Rap Groups (e.g. prom time)-encourage communication *Health Fairs: Go to the Parents-Raise Awareness. Brochure Tips on Communication		*Clinics Operate @ Different Times on Different Days to Increase Youth Access *Parental Participation is Difficult. It is non-existent in the Educational Component b/c lack of Parental Initiative. Low % (est. 1%) are Involved in the Medical. *Youth express desire for involvement
Teen-Only Clinic	Carrie Nyssen Planned Parenthood Central Washington 303 E. D St., Suite 105 Yakima, WA 98901 (509) 453-3054	Clinic	Hispanic (50%)	Peers more easily communicate to each other. Therefore must educate youth to inform peers of the facts surrounding high risk behavior	Provide teens with varied activities to reduce high risk behavior and encourage healthy decisions	*Medical: OBGYN, B.C., STD/HIV Testing *Education: Peer Health Experts, HIV/STD Program (Create "Phone Cards"), Project Reach Out (To Gain Community Support), Case Management (Pregnant & Parenting Teens)	*Parent Training Workshops -1-2 week, parent only 2-3 week, integrate kids -Kids-only component *Parents are parents of teens who have agreed for their involvement		
ARMS-Adult Role Models (1998)	Tracy Smith Planned Parenthood - NYC 26 Bleaker Street New York, NY 10012 (212) 965-4845 Tracy.Smith@ppnyc.org	Community	Parents	Literature demonstrates importance of child connectedness to parents A way to deal with the difficulty of engaging parents	Inform Parents of ARH	*Training in Sexuality, Group Facilitation, and Communication *Knowledge Assessment to Determine Readiness *Workshops: "How to Talk to your Kids about Sexuality"	The entire program is by Parents for Parents with PPNYC guidance	Since 1999, have trained over 30 Adult Role Models who have reached over 1,500 parents in the South Bronx	*Currently does not couple medical services with ARMS program *Notes the issues/barriers to parental recruitment efforts in the current healthcare environment
Tailoring Family Planning Services to the Special Needs of Adolescence: New Approach Protocols (PASHA) (1989)	Lorraine Winter Lynn Cooper Breckenmaker Family Health Council of Central PA 1017 Mumma Road P.O. Box 360 Camp Hill, PA 17001 (717) 7380	Clinic	18 & Under	Youth are Uncomfortable and fearful of the clinic Environment	*Create a Teen-Friendly Environment *Increase Knowledge and Use of Family Planning Clinic	*One-Page Information Form (Q. on Sexual Behavior & Feelings) *Intake Session (2 Visits): 1) Education & Counseling; 2) Exam *6-Week Follow Up Visit	Encourage Parental Participation	The pilot program was implemented in 6 rural sites. Findings support the idea that tailored specialized services benefits clients more.	*PASHA packet details step-by-step how to administer the program in a clinical setting (e.g. involving a parent) *Includes easy-to-read brochure and suggested steps to create a welcoming environment *The parental component was minimal b/c it was not central to the program design

Parental Involvement in Adolescent Reproductive Health Services

PROGRAM	CONTACT	Clinic?/ Community?/ School?--Based	POPULATION	PREMISE	AIM	PROGRAM COMPONENTS	PARENTAL INVOLVEMENT	EVALUATION	NOTES/COMMENTS
Center for Adolescent Pregnancy Prevention (CAPP) (1994-Present)	Pamela Kania Jeffrey Lawson Family Health Council 960 Penn Avenue, Suite 600 Pittsburgh, PA 15222 (412) 288-2130	Clinic & School & Community	Parents and Youth (50:50 M&F) & Adults working with Youth	Parents Should be the Primary Sexuality Educators	Assist Parents to "Step Up to the Plate" in Talking with Their Children about Sexuality	*Multi-Media Campaign: Geared Toward Parents, Prompt Parents to Call in *Taught Not caught: Training for Youth Servers *Peer Education *Teen Connections: information & resource book	Video: Kids Looking into the Camera (Parents) & Asking Q.: e.g. 1) Why do boys always want to talk about sex? 2) Mom, what's a virgin? 3) Dad, what's a Condom *Family Connection: Q&A booklets to help parents to talk to kids about sex	*During 1st 12 mo. Of campaign FHC received 8,000+ calls. 40,000+ copies of Adolescent Resource Network nook distributed	The video is meant to prompt parents to call in. A narrator ask "if you feel awkward answering these questions, how do you feel about this?" and there's a baby crying in the background.
The Door	Shelly Wilson Howard (212) 941-9090 x3209 www.door.org	Clinic & Community	*21 & Under *African American (60%), Latino (20%), White & Asian (20%) *Males (30%)	Increasing awareness of adolescent risk to negative sexual behaviors will decrease adolescent engagement to sexual risk behavior	*Provide youth with a wide range of social and health services and encourage healthy decisions *Involve parents in the process	*Education: Tutoring, GED, College Prep *Health: Counselors (Nutrition, Sexuality, Hygiene, Pregnancy, HIV) Testing, Nursery, Pharmacy *Get Help: LGBT Support, Legal, Medicaid *Work: Resumes, Applications, Interviews, On-Site Job Training *Recreation: Art, Recording Studio, Gym	Encourage teens to involve parents. Explain benefits	All Physicians and Nurse Practitioners are experts in working with teens	
Maternal and Infant Care Women Health Center	Linda Smart-Smith (212) 267-0900 x 257	Clinic	21 & Under	Increasing awareness of adolescent risk to negative sexual behaviors will decrease adolescent engagement to sexual risk behavior	Provide Teens with Health Services	*Teen Counselors Work in Schools to 1) Provide Individual & Group Counseling 2) Attend PTA Meetings	Teen Counselors conduct workshops for Parents on Youth Sexuality	Parents are made aware of the youths' right to receive confidential services	
Can We Talk?	Vicki Harrison National Education Association 1201 16th Street, NW Washington, DC 20036 (202) 822-7783	Community & School	Parents (Demographics vary by community. Curriculum implemented in 20 states)	Increasing awareness of adolescent risk to negative sexual behaviors will decrease adolescent engagement to sexual risk behavior	*Importance of Communicating Values to Children *Awareness Students Need Factual Information *Help Children Develop Decision-Making Skills	*Parent Workshops Increase Communication on RH Topics -Increase Parents' Knowledge and Comfort Level Increase Awareness of Community Resources and Strategies for Creating Healthy Relationships *1/2 Day Training *Curriculum *Family Activity Book *Video	*Parent Workshops Increase Communication on RH Topics -Increase Parents' Knowledge and Comfort Level Increase Awareness of Community Resources and Strategies for Creating Healthy Relationships	Evaluation results will come out Summer 2000: Pre& Post-test -Focus Groups	This is a tool kit meant to assist parent in establishing a healthy relationship with their children

Parental Involvement in Adolescent Reproductive Health Services

PROGRAM	CONTACT	POPULATION	PREMISE	AIM	PROGRAM COMPONENTS	PARENTAL INVOLVEMENT	EVALUATION	NOTES/COMMENTS
<p>Clinic?/ Community?/ School?--Based</p> <p>"Don't Kid Yourself" (1996)</p>	<p>Lynda Ion Planned Parenthood 654 South 900 East Salt Lake City, Utah 84102 (801) 532-1586</p>	<p>*Young Women Ages 18-24 *Particularly those at 200% or less poverty level</p>	<p>Reduce Unintended Pregnancies</p>	<p>*Increase use of B.C. *Increase Knowledge of B.C. Options *Increase Communications with Partners *Increase Male Use of Condoms *Increase Mother-Daughter Communication</p>	<p>*Radio (preferred medium by audience) *Posters *Newspaper Ads *Brochures *Paper Drink Coaster (Bars & Clubs)</p>		<p>Media Messages Included: 1) If Your Are Sexually Active, You Can Get Pregnant 2) Birth Control Should be Discussed with Your Partner, Friends, a and Parents 3)Men Should be Responsible and Informed</p>	
<p>Human Sexuality-Values & Children: A Values-Based Curriculum for 7th and 8th Graders (PASHA) (1983)</p>	<p>Search Institute Thresher Square West 700 South Third Street Suite 210 Minneapolis, MN 55415</p>	<p>*White (62%), African American (19%), Hispanic (10%), Asian or Native American (3%), Other (4%) *Male (48%) *Two-Parent (70%), More than 1/2 of dads and 40% of moms had completed college. *Ages: 12 (56%), 13, (33%), 14 (7%)</p>	<p>Research in social psychology demonstrates a link between an individual's social values and behavior</p>	<p>*Reduce teen pregnancy by teaching "the facts" *Reduce community opposition to sexuality education *Enabling adults to reach informed decisions about their children's participation in sex ed</p>	<p>*Student Lessons (Role Play, Group Discussions, Behavioral Skills Exercises): *Adult-Only Sessions: Program Videotape & Discussion Guide to assist parents in talking with children</p>	<p>*Positive and Short Term Effects on Sexual Attitudes and Values *Parental Participation had no effect on student attitudes toward sexual intercourse</p>	<p>*Researchers note the data fit the typical pattern of attitudinal change research, with significant short term gains that weaken over time</p>	
<p>School/Community Program for Sexual Risk Reduction Among Teens (PASHA) (1982)</p>	<p>Murray L. Vincent School of Public Health University of South Carolina Columbia, SC 29208</p>	<p>Bamberg County: *African Americans *Rural *Low Income</p>	<p>Bamberg County has a rate of teen pregnancy that exceeds state average</p>	<p>*Reduce unintended pregnancies among unmarried adolescents *Highlight benefits associated with delayed sexual intercourse, instead of taking a judgmental stance</p>	<p>*Public Awareness: PSAs, TV, notes from school to parents *Workshops: Addresses parenting skills and social relationships between adult & children *Teacher Education: Age appropriate Curriculum *Peer Counselors</p>	<p>*Significant drop recorded during full implementation period *Impact decreases after important elements of the program were discontinued</p>		
<p>Poder Latino: A Community AIDS Prevention Program for Inner-City Latino Youth (PASHA) (1996)</p>	<p>Heriberto Crespo Hispanic Office of Planning & Evaluation (HOPE) 55 Dimock Street Rozbury, MA</p>	<p>*Latino (100%), mostly Puerto Rican *Inner-City *Age 14 to 20</p>	<p>Elevated rates of HIV infection among Latino communities in the US</p>	<p>*Increase awareness of risks of HIV/AIDS *Increase use of condoms</p>	<p>*Workshops: in Schools, Community & Health Centers *Group Discussions: Local Residents' Home *Door-to-Door Canvassing *Peer Educators</p>	<p>*Intervention delayed the onset of males' sexual activity and reduce the number of sex partners among females</p>	<p>*Importance in Latino culture to make parents feel comfortable and in control of the situation, best to increase awareness in their setting *Condoms are distribute in at every activity</p>	

Parental Involvement in Adolescent Reproductive Health Services

PROGRAM	CONTACT	Clinic?/ Community?/ School?-Based	POPULATION	PREMISE	AIM	PROGRAM COMPONENTS	PARENTAL INVOLVEMENT	EVALUATION	NOTES/COMMENTS
Plain Talk	Annie E. Casey Foundation 701 St. Paul St Baltimore, MD 21202	Community	*% of youth demographics varied by community *Age: 12-18 *African American and Latino	W. Europe's tolerance of sexual activity, but not pregnancy facilitates discussion of sexual activity, access to resources, increase of service usage.	*Create a community consensus around the needs of youth by focusing on adults, as recipients and disseminators of accurate information	*Community Education Workshops: 1) Increasing adult knowledge 2) Increasing parent-youth communication	*Have adults recognize the need for early and consistent use of contraceptives among youth *Provide adults with information and skill for positive communication w/ youth *Improve adolescent access to healthcare, including contraceptives	*Improvements and increases in RH occurred in all sites *Increase in hours of clinic *Increase awareness of practices that encourage adolescent use of services	*Data suggests having community organizations lead efforts to generate broad institutional reform may be an unrealistic goal
NH Family Planning Program	Jill Underhill (603) 271-4540 Junderhill@dhhs.state.n h.us	Clinic & Community	White (98%) Teens (30%) Low-income women		Improve and enhance parental involvement in reproductive health choices of their children	1) Community Education 2) Teen Clinic Program -Comprehensive Services -Peer Educators	Parent-Child Communication Workshops		Several clinics have high parental involvement in the teen's decision to come to the clinic. Separate waiting room for parents to maintain confidentiality of other teens. While waiting, parents contribute suggestions on how to involve other parents and express areas of concerns
Parents as Advocates for their Adolescent's Health	Project Staff American Medical Association Partners in Program Planning for Adolescent Health (312) 464- 4538		Parents	Adolescence want support and guidance from their parents and want to maintain a close relationship with them	Build healthy parent- child relationship and improve communication	*Understanding & Appreciating Adol. Growth & Dev (charts growth process) *Tips for being a positive health role model (exercise & nutrition) *Tips for building healthy relationships-effective communication *Adolescent questions to the physician *Resources to healthcare and other helpful parent- child links	Information packet to help parents work with their adolescent to improve their health		